



# Growth Mindset Quiz

Read each speech bubble. Is this fixed or growth mindset?  
Tick the 'fixed' or 'growth' box.




This is too hard!

Fixed  Growth



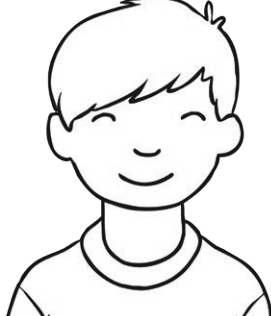
If the work is hard, it means I'm learning.

Fixed  Growth




I give up!

Fixed  Growth




I keep on trying, even when the work is tricky.

Fixed  Growth



This will do.

Fixed  Growth




I can always improve my work.

Fixed  Growth




Making mistakes helps me to learn and get better.

Fixed  Growth




I'm not good at this.

Fixed  Growth




Practice makes perfect!

Fixed  Growth




I will try another way of doing this.

Fixed  Growth




I'll never be as clever as my friend!

Fixed  Growth




I like to know how I can make my work even better.

Fixed  Growth




I only like easy work.

Fixed  Growth




I can't do it yet.

Fixed  Growth



I ask for help so I can improve.

Fixed  Growth



I have to work hard to learn new things.

Fixed  Growth

# Growth Mindset Quiz Answers

1. This is too hard!  
**Fixed**
2. If the work is hard, it means I'm learning.  
**Growth**
3. I give up!  
**Fixed**
4. I keep on trying, even when the work is tricky.  
**Growth**
5. This will do.  
**Fixed**
6. I can always improve my work.  
**Growth**
7. Making mistakes helps me to learn and get better.  
**Growth**
8. I'm not good at this.  
**Fixed**
9. Practice makes perfect!  
**Growth**
10. I will try another way of doing this.  
**Growth**
11. I'll never be as clever as my friend!  
**Fixed**
12. I like to know how I can make my work even better.  
**Growth**
13. I only like easy work.  
**Fixed**
14. I can't do it yet.  
**Fixed**
15. I ask for help so I can improve.  
**Growth**
16. I have to work hard to learn new things.  
**Growth**